

<b>Name of Tool:</b>	Anxiety Depression Assessment (ADA)
<b>Author/Publisher (Year)</b>	Lindeman/Behavior Data Systems Ltd., (2013)

<b>Description:</b>	<p>The Anxiety Depression Assessment (ADA) is a brief, easily administered and interpreted test that is specifically designed to assess client anxiety and depression risk. It consists of 151 true/false questions and takes around 30 minutes to complete. From test data (answers) input, scored and printed Alcohol Depression Assessment (ADA) reports are available on-site within 3 minutes.</p> <p>The Anxiety Depression Assessment (ADA) incorporates 8 scales (measures) and also uses DSM-5 classification. The scales include:</p> <ul style="list-style-type: none"> <li>• Truthfulness Scale</li> <li>• Self-Esteem Scale</li> <li>• Depression Scale</li> <li>• Generalized Anxiety Disorder</li> <li>• Specific Phobias</li> <li>• Social Anxiety</li> <li>• Panic Attacks</li> <li>• Agoraphobias</li> </ul> <p>Scores are used to classify risk into four categories:</p> <ul style="list-style-type: none"> <li>• Low Risk</li> <li>• Medium Risk</li> <li>• Problem Risk and</li> <li>• Severe Problem</li> </ul> <p>These classifications, along with clinical judgment, are used to inform treatment recommendations.</p> <p>Truthfulness Scale detects offender denial, problem minimization, and response bias.</p> <p>Demonstrated reliability and validity.</p>
<b>Tool Development</b>	
	A summary of scientific findings is available for download.
<b>General Notes:</b>	
	<p>ADA is a computerized assessment that provides clinicians with a printed report that includes percentile scores, risk classification, and item responses.</p> <p>Tests can be administered individually or in group settings</p>